

Collaborative Education Series

On-Demand: Fractures to the Shoulder and Elbow & Upper Extremity Dislocations CME 'Enduring' Presentation

[MaineGeneral](#)
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'On-Demand'-
Enduring Presentation

Audience: Physicians, NP's and
PA's

Date: On-Demand
Enduring Presentation

No Tuition

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CME certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on MGH Connect landing page under "What's Happening".

Program Date: September 20, 2022
Release as Enduring Date: October 4, 2022
Expiration Date: October 4, 2025

Presenters:

Robert Stevens, DO

Dr. Rob Stevens graduated from Gordon College in Wenham, MA before returning to Maine to attend the UNE College of Osteopathic Medicine. He completed a residency in family medicine at Maine Medical Center, in Portland and then entered the inaugural class of the Evergreen Sports Medicine Fellowship through the Maine-Dartmouth FMR in 2013. Dr. Stevens and his wife Julie have four young children and an active home life. His hobbies include spending time with family, running, playing basketball, hiking/camping and multiple activities within their local church, including leading music. Currently, Dr. Stevens is the team physician for Messalonskee High School, as well as a staff physician with Oakland Family Practice and MaineGeneral Orthopedics as well as teaching with the Maine-Dartmouth Family Medicine Residency and the Evergreen Sports Medicine Fellowship.

Thomas Hoke, MD

Originally from Colorado, Tom is happily settled in Maine. After attending Dartmouth Medical School, he completed his family medicine residency at Family Medicine Residency of Idaho, in Boise. He then completed the primary care sports medicine fellowship at Maine Medical Center. After three years of practicing at Central Maine Sports Medicine and teaching sports medicine fellows, he joined the Maine Dartmouth Sports Medicine Fellowship faculty in 2018. He is board certified in family medicine as well as sports medicine and his clinical practice includes primary care at Augusta Family Medicine, sports medicine at MaineGeneral Orthopaedics, and Student Health at Colby College. He regularly travels with the US Freestyle Ski Team as part of their volunteer physician pool. Tom and his wife live in Monmouth with their two daughters. He enjoys nearly all types of sporting activities with his favorites being skiing, hiking, paddling, and soccer.

Statement of Need:

- Fractures and dislocations to the shoulder, elbow and clavicle are a common injury in athletic populations. Although there is a higher incidence in contact sports, these injuries occur in all levels of play. As athletic trainers, quick identification and differentiation of fractures and dislocations is critical for determining the best plan of treatment. However, not all athletic trainers may be aware of the various treatment methods for these injuries. This program will explain techniques to evaluate dislocations and fractures of the shoulder, elbow, and clavicle. We will also demonstrate sideline reduction techniques when within the scope of practice, and review complications associated with shoulder, elbow, and clavicle fractures and dislocations.

Objectives:

- Identify possible shoulder or elbow dislocation on the sideline.
- Demonstrate sideline reduction techniques for the shoulder and elbow.
- Summarize complications associated with shoulder and elbow dislocations.
- Differentiate common proximal humeral fracture patterns.
- Summarize appropriate management of proximal humerus fractures.
- Identify common fracture patterns including those of the clavicle and elbow.
- Outline operative vs non-operative management of clavicle and elbow fractures.

Disclosure Statements:

Faculty: Dr. Stevens and Dr. Hoke have provided a signed disclosure indicating no financial interest in any commercial interest that affect the content of this program (kept on file in the Medical Education Coordinator Office MGMC).

Credits awarded:

CME's awarded: 2

The MaineGeneral Medical Center designates this enduring activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MaineGeneral Medical Center and Colby College. MaineGeneral Medical Center is accredited by the ACCME and the Maine Medical Association's Committee on Continuing Medical education to provide continuing medical education (CME) for physicians.

Each physician should claim only those credits that he/she actually spent in the activity.

This activity has been planned and implemented in accordance with the Essentials and Standards of the Maine Medical Association Committee on Continuing Medical Education and Accreditation through the partnership of MaineGeneral Medical Center and Colby College Sports Medicine Department.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration or at the event. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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